

江苏省高邮中学高二年级二月份线上学习测试 英语试卷

2020.2.25

(试卷满分: 120 分 考试时间: 100 分钟)

第一部分 阅读理解 (共两节, 满分 35 分)

第一节 (共 10 小题; 每小题 2.5 分, 满分 25 分)

阅读下列短文, 从每题所给的 A、B、C 和 D 四个选项中, 选出最佳选项, 并在答题纸上将该项涂黑。

If you think that running marathons will help you live a long and healthy life, new research may come as a shock. According to a recent scientific study, people who do a very strenuous workout are as likely to die as people who do no exercise at all.

Scientists in Denmark have been studying over 1,000 joggers and non-joggers for 12 years. The death rates from the sample group indicate that people who jog at a moderate pace two or three times a week for less than two and a half hours in total are least likely to die. The best speed to jog at was found to be about 5 miles per hour. The research suggests that people who jog more than three times a week or at higher speeds of over 7 mph die at the same rate as non-joggers. The scientists think that this is because strenuous exercise causes structural changes to the heart and arteries (动脉). Over time, this can cause serious injuries.

Peter Schnohr, a researcher in Copenhagen, said, "If your goal is to decrease risk of death and improve life expectancy, jogging a few times a week at a moderate pace is a good strategy. Anything more is just unnecessary, and it may be harmful."

The implications of this are that moderate forms of exercise such as tai chi, yoga and brisk walking may be better for us than "iron man" events, triathlons and long-distance running and cycling. According to Jacob Louis Marott, another researcher involved in the study, "You don't actually have to do that much to have a good impact on your health. And perhaps you shouldn't actually do too much."

1. The underlined word “strenuous” in Paragraph 1 is closest in meaning to “_____”.

A. hard B. regular C. practical D. little

2. The author presents some figures in Paragraph 2 to _____.

A. suggest giving up jogging B. provide supportive evidence
C. show risks of doing sports D. introduce the research process

3. According to the scientists, why is too much exercise harmful?

A. It will bring much pressure. B. It can make the body tired out.
C. It may injure the heart and arteries. D. It consumes too much energy.

B

Ebola fighters win

WEARING protective suits, gloves and mask, doctors are racing against time to save people’s lives. But it’s not some kind of movie plot, it’s what’s really happening in West Africa.

Thousands of medics (医护人员) are risking their lives to treat patients with the Ebola virus. To honor their bravery, Time magazine has named them as its “Person of the Year 2014”.

“The rest of the world can sleep at night because a group of men and women are willing to stand and fight,” wrote Time editor Nancy Gibbs, announcing the result on Dec 10.

Ebola is a disease that is more harmful to humans than perhaps any known virus on Earth, according to The New York Times. People get infected by making direct contact with Ebola patients’ bodily fluids (体液). The disease kills up to 90 percent of its victims.

This is not the first time that the disease has broken out in Africa, but it is the largest outbreak to date. It has happened in heavily populated urban areas in the poorest countries in Africa this time. They haven’t experienced Ebola before, leaving health workers unprepared and without the resources to protect themselves and others. But they didn’t quit to protect themselves. Instead, they stayed, treated patients, and sterilized (消毒) those areas to stop the disease from spreading.

Since the outbreak began in December 2013, more than 6,800 people have died, among which about 350 are medics, according to the World Health Organization.

Kent Brantly, a 33-year-old US physician, is one of the doctors who caught Ebola when

taking care of patients in Libya. After days of working without proper protection, he got infected on July 22. He was then airlifted back to a hospital in the US.

“When I got sick we had only one survivor, but I didn’t think about death,” Brantly told NBC News. “But on July 31, I almost died. My doctors asked everyone to pray for me.”

But after being treated with an experimental drug called ZMapp, he recovered and was released from hospital on Aug 22.

“Right now, the best role I can play in fighting Ebola is to be a voice for the people of West Africa. They are suffering”, said Brantly.

“For buying the world time to boost its defenses, for sacrificing and saving, the Ebola fighters are Time’s 2014 Person of the Year,” said Gibbs.

How to be protected?

According to the US Centers for Disease Control and Prevention, the chances that we will get infected are pretty small. However, it suggests that people should avoid contact with anyone who is sick and wash their hands with soap regularly.

4. What is the article mainly about?

- | | |
|---|---|
| A. The causes of, and cures for, Ebola. | B. How harmful Ebola is to human beings. |
| C. How to protect ourselves from Ebola. | D. The Ebola outbreak and the fight against it. |

5. How long did it take Brantly to recover from Ebola?

- | | |
|----------------------|------------------------|
| A. About a month. | B. About three months. |
| C. About six months. | D. About a year. |

6. Which of the following about Ebola is TRUE according to the article?

- A. This is the first time that Ebola has broken out in Africa.
- B. People are well prepared for Ebola after several outbreaks of the disease.
- C. Almost half of Ebola victims would die if not properly treated.
- D. The people fighting Ebola are heroes who are protecting the world.

C

Hilary Smith belonged to a good family. But by the age of twenty, he had spent all the

money the good old family had. He then had some trouble with the bank and was put in prison. He escaped from the prison and ran to Australia without delay.

Hilary did not like Australia and Australia did not like Hilary. What he could do seemed to be one of two things: die or work. Then he remembered that he was not alone in the world. He had an aunt.

She was his father's only sister, but his father used to say she brought no glory to the family. Hilary, of course, tried to discover what she had done. It seemed that she had failed to marry a nobleman. Instead, she had chosen a husband who was connected with "trade". Of course as soon as she became "Mrs. Parks", her brother considered her dead. Later on, Mr. Parks died and left her a lot of money; but that did not bring her back to life in her brother's opinion.

Hilary discovered his aunt's address. Fortunately she remained faithful and honest to him even after she fell ill. So Hilary's star shone again, and soon he moved into her house and lived as comfortably as a sailor who had just reached harbor. He had only about a sixpence in his pocket.

One thing was soon clear: his aunt was seriously ill, and nothing could cure her illness. Hilary was very worried. Fate had found a home for him, and was now going to throw him out of it. There was only one thing that could save him: her will.

"Will?" she said, "yes, I have made one. That was when I was a girl and had not much money. I left all my money to some religious people."

"Didn't you make another will when you were married?" Hilary asked.

His aunt shook her head. "No," she said in a low voice, "There was no need. When I finally had a lot of money I found I had no relations."

On the next day he went to the public library and examined a book of law. It told him what he already believed. When a woman is married, an earlier will loses its value. A new will must be made. If no new will is made, the money goes to the nearest relation. Hilary knew that he was his aunt's only relation. His future was safe.

After a few months had passed, Hilary's problems became serious. He badly needed money. He had expensive tastes, and owed a lot of money to shopkeepers. They trusted him because his

aunt was rich; but the debt was terrible.

Unfortunately his aunt did not want to discuss money matters at all. In the end they had a quarrel about the small amount of ten pounds. Hilary was not very angry. He began to wonder about a new problem. Was it kind to want his aunt to live any longer? Was it not better for her to die now? While he was considering what to do, his aunt told him that she was going to send for her lawyer. So she was going to make a new will, Hilary thought. She might leave all her money to someone else. Soon he reached a clear decision. He must do a great kindness to the poor old woman.

One night when the old servant who had been nursing his aunt went off, he doubled the amount of some medicine. The total amount was too great and it could just put her to sleep forever.

"Thank you," his aunt took the glass from his hand with a grateful look. "I want, more than anything, to sleep, and never to wake up again. Is that what you wish, Hilary? Don't blame me if I have some doubts about what you intended to do. Sick people get these ideas, you know. One thing I ought to explain to you. Mr. Parks never married me. He already had a wife and couldn't marry again. That made your foolish father very angry with me...Well, if I am alive tomorrow I shall make another will in your favor. If I die tonight, you'll get nothing...No, Hilary, don't try to take the glass away. If you do that, I shall know; and I don't want to know. Good night, Hilary."

Then, very carefully, she raised the glass to her mouth and drank.

7. Why did Hilary's father consider his aunt dead?

- A. Because he thought she was a shame to the family.
- B. Because she married a businessman with a wife against his will.
- C. Because she broke away from the family for a better life.
- D. Because they lost contact with each other after her marriage.

8. The underlined sentence "He must do a great kindness to the poor old woman" in paragraph 11 suggests that Hilary Smith _____.

- A. was determined to put his aunt's life to an end
- B. made up his mind to take good care of his aunt

- C. decided to do his aunt a favor to call in a lawyer
- D. would help his aunt to donate all her money to religious people
9. According to the law book, _____.
A. Hilary's aunt is not allowed to make a new will.
B. the money will go to Hilary after his aunt dies without a new will.
C. Hilary's aunt must leave the money to the religious people after she dies.
D. Hilary must look after his aunt till her death because he is the only relation.
10. Which detail from the story is the climax(高潮)of the story?
A. Hilary escaped from the prison.
B. Hilary quarreled with his aunt about ten pounds.
C. Hilary's aunt drank the medicine her nephew prepared for her.
D. Hilary's aunt made a will to leave all her money to someone else.

第二节（共 5 小题：每小题 2 分,满分 10 分）

根据短文内容,从短文后的选项中选出能填入空白处的最佳选项。选项中有两项为多余选项。

From time to time, even the most productive professionals procrastinate(拖延). When your tendency to procrastinate is starting to make your overall quality of work and life suffer, ____11____ Here's what Forbes Coaches Council members recommend doing to stop racing the clock.

____12____

When you don't feel motivated, take the smallest step possible toward your goal. After taking that step, you're more likely to continue taking more steps toward that goal. Instead of telling yourself to work out for an hour, say you'll go for 10 minutes.

Give yourself a hard deadline, and then schedule it

The best way to overcome a natural tendency to procrastinate is to create a hard deadline for yourself and then put it on the calendar. ____13____. Then perform it the same way you would if your boss were waiting for you to complete the task.

Understand the underlying reasons you're procrastinating

___14___. Notice your thoughts, feelings, behaviors and the situation when you feel like procrastinating. Write these down. Often perfectionism, which we may experience as anxiety, is caused by the tendency to put off action. Once you understand your pattern, you can be responsible for yourself in a positive and self-compassionate (自我同情的) way.

Give yourself a reward for each task you complete

Make a list of things you need to do and do the one you don't want to do first. ___15___ (piece of candy, a few minutes on social media, etc.). Then do something on your list that you want to do and continue making changes from there. This makes your tasks less depressing.

- A. Take the tiniest step possible
- B. Identify a positive outcome from your action
- C. Then give yourself a little reward for doing it
- D. Treat the deadline the same as if your boss created it
- E. find a way to make overcoming procrastination interesting
- F. It's time to do a reality check and break yourself of the habit
- G. Become a detective or a scientist about your pattern of procrastinating

第三部分 语言运用(共三节,满分 55 分)

第一节 完形填空(共 20 小题; 每小题 1.5 分,满分 30 分)

阅读下列短文,从短文后各题所给的 A、B、C 和 D 四个选项中,选出可以填入空白处的最佳选项。

When Heather McHugh, a poet, won a \$ 500,000 'genius grant' from the MacArthur Foundation, she didn't buy a luxurious car or fly to Paris. ___16___, she put the money in the bank and ___17___ writing poems.

In 2011, she finally ___18___ what to do with it. That year, Heather's godson and his wife ___19___ their first child, a beautiful baby girl but severely disabled. 'I saw how people's ___20___ can change overnight. I started thinking about people in a ___21___ situation,' says Heather.

She __22__ there were millions of caregivers taking care of the chronically(慢性地) ill or disabled. So in 2012, Heather __23__ a nonprofit organization offering a seven-day vacation, with all __24__ paid, to people who have been caregivers for at least ten years.

Tricia was one of the first caregivers to go on vacation. When Tricia got a call saying she was offered a __25__ vacation, she couldn't __26__ it; disbelief even __27__ her concern about leaving her two kids.

Tricia went, and her favorite parts of the trip were to enjoy the __28__ things. 'I got to eat hot food hot and cold food cold. I could go to bed when I wanted to and wake up whenever I chose to,' says Tricia. She was afraid the __29__ would return when the __30__ was over, but to her surprise, it hasn't been back since.

Heather says Tricia's __31__ resembles those of the other ten caregivers she helps every year. 'Before the vacation they are so __32__, but the __33__ is so amazing. They reflect and relax. It feels __34__ like another world and gives them a chance to see their lives from another __35_, 'she adds.

- | | |
|---------------------|--------------|
| 16. A. However | B. Therefore |
| C. Instead | D. Besides |
| 17. A. continued | B. quitted |
| C. practiced | D. started |
| 18. A. thought over | B. wondered |
| C. talked about | D. decided |
| 19. A. held | B. welcomed |
| C. lost | D. saved |
| 20. A. feelings | B. future |
| C. lives | D. routine |
| 21. A. different | B. similar |
| C. worse | D. better |
| 22. A. discovered | B. claimed |
| C. admitted | D. felt |

- | | |
|----------------------|------------------|
| 23. A. donated | B. found |
| C. visited | D. formed |
| 24. A. taxes | B. salary |
| C. expenses | D. rent |
| 25. A. free | B. caring |
| C. short | D. long |
| 26. A. believe | B. take |
| C. refuse | D. enjoy |
| 27. A. woke | B. defeated |
| C. showed | D. moved |
| 28. A. wonderful | B. delicious |
| C. peaceful | D. simple |
| 29. A. heaviness | B. pain |
| C. sadness | D. disbelief |
| 30. A. entertainment | B. dream |
| C. vacation | D. freedom |
| 31. A. comment | B. story |
| C. surprise | D. fortune |
| 32. A. worried | B. confused |
| C. unexpected | D. stressed |
| 33. A. award | B. change |
| C. scenery | D. accommodation |
| 34. A. slightly | B. interestingly |
| C. magically | D. mostly |
| 35. A. place | B. situation |
| C. height | D. angle |

第二节 单项选择（共 10 小题；每小题 1 分,满分 10 分）

请认真阅读下面各题,从题中所给的 A、B、C、D 四个选项中,选出最佳选项,并在答题卡上将该项涂黑。

36. —You're coughing badly, Green. Why not give up smoking?

— Give up smoking? Easier said than done, Mary. Once you _____ the habit of smoking, it is very hard for you to _____.

- A. keep up; break it away B. take up; drop it out
C. pick up; get rid of it D. build up; do away with it

37. A great part of the information I have was _____ by looking up something and finding something else on the way.

- A. requested B. acquired C. exchanged D. presented

38. Michael Jackson's black jacket, which he wore on his first tour, _____ a high price of \$ 298, 000.

- A. donated B. contributed C. fetched D. performed

39. Some experts hold the view that fundamental construction is _____ the key to the little island development lies.

- A. which B. what C. where D. why

40. —Shall we put off the match because of the bad weather?

—No. Rain or shine, the match will be held as _____.

- A. schedule B. scheduling C. scheduled D. to schedule

41. Hard as the fire was _____, the firefighters didn't withdraw.

- A. to control B. to be controlled C. controlled D. controlling

42. Some parents can't _____ their children, which often sets off the conflicts of feelings between two generations.

- A. find out B. relate to C. turn to D. take in

43. A Chinese student's print-like handwriting caused controversy among British Internet users, _____ both praise and questions about individuality.

- A. drew B. drawing C. to draw D. having drawn

44. If you _____ a table earlier, you wouldn't be standing in such a long queue outside

now.

A. have reserved B. reserved C. reserve D. had reserved

45. Many astronomers are trying to discover _____ they think will be another suitable planet for humans to live on in the future.

A. which B. what C. that D. where

第三节：语篇填空（共 10 小题,每小题 1 分, 共 10 分）

阅读下面短文,在空白处填入 1 个适当的单词或括号内单词的正确形式。

A list of the top seven natural wonders is recognized by most organizations.

Two of the most commonly listed natural wonders 46. _____ (find) below sea level. One of these wonders is the Great Barrier Reefs. The 47. _____ is Brazil's Harbor of Rio De Janerio. It is not only the biggest bay 48. _____ (base) on the amount of water in it but also because of the 49. _____ (surround) mountains and rock formations.

Two more of the world's wonders are related to rivers. Both wonders are not the rivers themselves 50. _____ what is related by each river. One is the Grand Canyon, 51. _____ is cut through the landscape of the southern United States by the Colorado River. Another of the world's wonder is Victoria Falls. It is the world's 52. _____ (large)waterfall ranked by the amount of water flowing over it.

The next two wonders are mountains. Paricutin is a volcano in Mexico. The reason why it has been voted is that people actually watched its birth and 53. _____ (grow) in the 1940s. Then, of course, the world's tallest mountain, Mt. Qomolangma, should be added 54. _____ the list of natural wonders.

Unlike the other six natural wonders, 55. _____ seventh , Aurora Borealis, cannot be seen all the time as it comes and goes from day to day.

第四部分 写作（满分 35 分）

第一节 应用文写作（满分 15 分）

56. 假设你是李华,在一家网店购买了一件羽绒服。昨天收到后发现羽绒服后背有个洞,你给卖家打了几次服务电话,对方电话却一直占线。请你给卖家 Miss Mary 写一封投诉信。

内容包括:

1. 描述羽绒服的质量问题;
2. 提出解决问题的具体要求。

注意:

1. 词数 80 左右;
2. 可适当增加细节,以使行文连贯。

参考词汇:羽绒服 down jacket

第二节 概要写作(满分 20 分)

57. 阅读下面短文,根据内容写一篇 60 词左右的内容概要。

Nowadays the business of fast food is developing at a rapid speed. Have you ever thought twice before deciding to eat fast food? Even if it is easy to buy and cheap, the risks outweigh (胜过) the five minutes of satisfaction that fast food brings. There are many risks when it comes to eating food that's made in just a few of seconds.

What you eat can affect your health. People who are addicted to fast food are more likely to suffer from various life-threatening diseases. Obesity(肥胖) can come when fast food is bought often. Fast food is made from a lot of fats and high calories. If it isn't removed, then you can grow to become obese. Even a small quantity of fast food contains many calories. People are fooled by its appearance and they tend to eat more. Thus, without knowing, they consume a lot of calories. What's worse, obesity isn't the only risk. Heart disease is also a danger. The more fats, sugar and salt you eat, the weaker your heart can grow.

Another concern for most consumers is that they can't keep track of the sources of the food supplies in fast food restaurants. They never know about the living conditions of the animals killed for meat in those restaurants, like cows, pigs, and chicken. A recent study has suggested that bacteria have been found in about 38% fast food. Even some soft drinks are now infected by food-borne illnesses that usually come from meat.

Although fast food is one of the easiest and cheapest ways of eating, the health risks aren't worth your life, and risking your life for something that isn't good for you could cost thousands of dollars in hospital bills. It is important to eat healthily and make good choices when deciding what to put in your body. Don't be lazy and pick up fast food on your way home from work.
